

Women's Institute for a Secure Retirement

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http://www.wiserwomen.org/index.php?id=801&page=May_is_Older_Americans_Month

May is Older Americans Month

WISER is pleased to join the Administration on Aging in observing [Older Americans Month](#). The 2018 theme, Engage at Every Age, emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional well-being. It also celebrates the many ways in which older adults make a difference in our communities. Need an idea? WISER's children's book, [Sonja Meets Her Future Self](#), is a great way to share the message of saving with the children in your lives and communities.